

# BALLYLIFFIN & CLONMANY

'OUR PLACE YOUR DESTINATION'

*Donegal*

[www.ballyliffinclonmanytourism.ie](http://www.ballyliffinclonmanytourism.ie)



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# Our Place, Your Destination

*Ballyliffin and Clonmany, situated in Ireland's most northerly peninsula in County Donegal, gives visitors the sense of having experienced all that Ireland has to offer.*

*Its spectacular, breath-taking scenery inspires writers, artists and photographers, providing stunning opportunities to capture this beauty, including a chance to see the Northern Lights.*

*The area is an ideal backdrop for the sports enthusiast too – with hiking, biking, horse-riding, surfing and golf among the pursuits you can enjoy here.*

*Immerse yourself in the rich cultural and historical heritage of the place with a tapestry of ancient sites dotting the landscape.*

*After exploring, sit back and relax in the warm cosy environment of an Irish pub listening to traditional music, or enjoy a meal of fresh local produce in the many award-winning and innovative eateries locally.*

*Ballyliffin and Clonmany look forward to welcoming you.*





# Glenevin Waterfall Park

Fall in Love with this magical place

The spectacular Glenevin Waterfall Park is one of Inishowen's most treasured family attractions. Children love the excitement of following the winding gravel paths through mature deciduous woodlands with all its wildlife and flowers. The waterfall cascades fresh mountain water out over black rock from an astonishing height of 40ft into a pool at the bottom. Local legend has it that the pool has fertility properties and indeed there are many that will testify to the effect.



## Glen House

Tel. +353 (0)74 9376745  
info@glenhouse.ie  
www.glenhouse.ie

After rambling back from the much loved path to the waterfall it's time to stop off at the Rose Cottage Gardens of the 18th century Glen House where you can sit by the stream and enjoy an Ice Cream. Browse their arts and crafts shop or make a reservation for afternoon tea. Relax while enjoying the views towards the sea and getting a glimpse of Ireland's most northerly point Malin Head in the distance. There is no doubt you will fall in love with this magical place.





# Connect with the Outdoors

*Nature is magical. Few other things have the same power to inspire, heal, connect, and nurture us. But don't take our word for it, come and see for yourself.*

TULLAGH BEACH FROM BINNION HILL

HILL WALKING AT MAMORE GAP

## Hill Walking

Hill walking is hugely rewarding in terms of exercise and for improving fitness levels, but the most rewarding aspect must be the scenic views that emerge as you reach higher ground on the hills around Ballyliffin and Clonmany. From the top of the hills on clear days you can see the west coast of Scotland. Look towards the west and you can see across Donegal all the way out to Tory Island. Walking in the hills presents an opportunity to spend time in an unpolluted environment away from the hustle and bustle of normal life where the only residents are sheep and some wild goats.

Mamore to Straid, Butlers Glen Loop, Leenan Loop and Urris Lakes Loop provide walks that will suit every level of fitness. The Urris hills are host to a wide variety of historic features; from a 2nd world war bomber crash site to monastic ruins and pilgrimage routes.

The beauty and aloofness of high mountains and the hard physical effort which is required to visit them combine to produce an emotion which has an inexpressible charm for those who have experienced it.

## Immersed in Nature

No matter what activity you pursue; whether you're on land, on the water or in the water you will never be far from some of Ireland's rarest wildlife and natural habitats. This coastline is recognised as one of Europe's finest natural environments and is protected as a Special Area of Conservation through the E.U. Natura 2000 network.

There is nothing more fulfilling than sharing your outdoor experience with the wild animals that inhabit the remote hills and rugged Atlantic coast that make up the Ballyliffin and Clonmany area. Here you can watch Golden Eagles soar overhead as you hike the heath covered Urris Hills or dive through kelp beds off Tullagh Point to encounter Bottlenose Dolphins and Atlantic Grey Seals. Or you can simply kayak or snorkel with docile Basking Sharks and European Otter along the Maerl Seaweed covered rocky shores below Binnion Head.

## Camping

Extraordinary landscapes can be easily admired from your car window, but often the best way to experience nature's astounding beauty is to get out in the open air and see it up close and personal.

What better way to do that than by camping in the great outdoors? In our modern-day world of cars, technology, long workdays and constant demands, camping offers an opportunity to slow down, reconnect, and escape the hectic pace of everyday life, while boosting your understanding and appreciation of the wild world around us. Nothing beats sitting around a glowing campfire in the great outdoors to bring warmth to your heart.

### Wild Atlantic Adventure Centre

Scouting Ireland Approved & Gaisce Centre

Tel. +353 (0)86 0573002

[info@wildatlanticwayadventures.ie](mailto:info@wildatlanticwayadventures.ie)

[www.wildatlanticwayadventures.ie](http://www.wildatlanticwayadventures.ie)

## Beaches

There are numerous beaches in the area and they are all easily accessible and ideal for a stroll or brisk walk, offering the opportunity to experience Donegal beaches at their best. Leenan beach sits at the foot of the Urris Hills with views towards Fanad peninsula and the lighthouse. Tullagh and Binion bay beaches provides a much longer walk than Leenan and has fantastic views out to Glashedy Island and Malin Head. In Ballyliffin, Pollan Bay not only offers a wonderful beach walk, but also a children's playground at the carpark adjacent to the beach. This beach stretches for two miles passing along Ballyliffin Golf Club to the recently restored Carrickabraghy Castle in the Isle of Doagh.

LAGACURRY BEACH, ISLE OF DOAGH

HILL WALKING IN CLONMANY



# Festivals & Events



*Hosting all types of festivals and events, with something to suit every taste. Allow yourself to be immersed in the energy and excitement and you will be surprised, how this little place can be such a big place in people's hearts.*



## Clonmany Festival

Hugo Boyce  
Tel. +353 (0)86 3427373  
[www.clonmanyfestival.com](http://www.clonmanyfestival.com)

Clonmany Festival is Ireland's longest running and best known family festival and is situated in the beautiful village of Clonmany in the Inishowen Peninsula. Having celebrated its 50th year recently, this festival is going from strength to strength. This family event is a week of summer fun for all ages beginning on the first Sunday of August each year.

Year after year thousands of holiday makers and locals alike descend to this picturesque village for what is guaranteed to be a week of family fun and activities. Each night for the entire week Ireland's top bands perform open air live on stage. During the day there is a wide range of events to keep all the family entertained from cycling events, pet shows to treasure hunts and talent competitions. Clonmany festival has something to offer everyone and it is a place which you will find yourself returning to again and again.

## Disappear Here International Film Festival

Michael McLaughlin  
Tel. +353 (0)86 6071424  
[www.disappearherefilmfest.com](http://www.disappearherefilmfest.com)



The Disappear Here International Film Festival is a first of its kind in Donegal. Taking place across the last weekend in September each year, it has a packed programme of films for all the family. From short animated films for kids, to scary midnight movies for the young at heart – The Disappear Here Film Festival promises you a weekend of entertainment utterly unmissable and unforgettable. The Festival has a high concentration of shorts but includes an outstanding mix of features and documentaries.

## Our Local Traditional Music Talent

Facebook @ Reel Trad

One of the most Irish of evening entertainments is the "session". An informal gathering of amateur musicians in a local pub. Somebody starts beating a rhythm on a bodhran or improvising a tune on a fiddle, somebody joins in with another instrument, suddenly the whole pub is filled with music. You can find this on a regular basis. Check out the local facebook page for events when you are in the area. There is no better way to immerse yourself in the local atmosphere than to spend an evening in one of our local pubs, where you will meet the characters hear the stories and the yarns to be told.



## Inishowen International Folk Song & Ballad Seminar

Kevin McGonigle  
Tel. +353 (0)74 9378964  
[info@inishowensinging.ie](mailto:info@inishowensinging.ie)  
[www.inishowensinging.ie](http://www.inishowensinging.ie)

Grace Toland  
Tel. +353 (0)87 2903799

This festival, founded in 1990, celebrates the rich singing tradition of Inishowen and beyond. Taking place in March each year, the event attracts participants and listeners from all corners of the world. Inishowen Traditional Singers' Circle (ITSC) also organises monthly singing sessions, and in partnership with the Irish Traditional Music Archive (ITMA) in Dublin, hosts the Inishowen Song Project, a unique digital exhibition of local Inishowen songs and singers and Festival performers [www.itma.ie/inishowen](http://www.itma.ie/inishowen). Follow ITSC on facebook for regular updates on singing sessions & the festival.

## Seamus Grant Weekend

Sarah Shovlin (secretary)  
[sshovels1@yahoo.com](mailto:sshovels1@yahoo.com)  
[www.seamusgrantweekend.com](http://www.seamusgrantweekend.com)

The Seamus Grant Weekend takes place early October each year celebrating the traditional music of Inishowen. The unique music and repertoire of Seamus Grant is celebrated. The connections with Scotland and the music of Ceili dancing single out this great fiddle player. Offering performances, workshops and sessions, this festival is a friendly family event. Many of the family events take place in the restored Market House with the participation of local schools and young performers.

## Clonmany Agricultural Show

Gerald Noone  
Tel. +353 (0)86 0808161  
[clonmanyagrishow@gmail.com](mailto:clonmanyagrishow@gmail.com)

Each August the show attracts thousand of visitors from across Ireland and the UK, from farmers to families young and old. In addition to the agriculture, livestock and sheepdog trials the show has evolved in to a truly family occasion. It now showcases local produce, arts & crafts, fashion, kids entertainment, pet show, horse jumping and showing classes and dancing competitions. This is a fun filled event with lots to do for everyone.



# Refresh, Revitalise & Energise

*Well-being is our natural state here in Ballyliffin and Clonmany. Surrounded by the healing natural environment of the sea, mountain and coast you will find rest and relaxation. The area offers dedicated Yoga Holidays, therapies and Spa facilities.*

## YOGA IN MARKETHOUSE



## Yoga Holidays

### Elma Toland

Tel. +353 (0)87 717178  
elmatoland@hotmail.com  
www.yogawithelma.ie

Yoga Retreat Holidays are a complete package and include the best quality yoga and mindfulness meditation instruction with guided outings to visit local attractions such as the Glenevin Waterfall, Grianan Aileach, Malin Head and many more. With our fantastic beaches, dramatic landscapes and great food, this is the perfect backdrop for a relaxing and reviving yoga retreat. We also run weekly Yoga sessions in the restored Historical Market House in Clonmany village. Check out our website or Facebook for more details.

## YOGA ON THE BEACH - TREE POSE



## Effective Health Solutions Inishowen

### Sadie Grant

Inishowen  
Tel. +353 (0)86 2683929  
Facebook Effective Health Solutions Inishowen

We offer a number of services including using Systematic Kinesiology as a testing tool to analyse areas of your health. This is a non-invasive and inexpensive technique to move your health in the right direction. Workshops are offered on related topics such as fermentation and simple wise foods for your health. Kinesiology will help you suffer less.

## Swedish Therapies

### Ballyliffin Golf Club

Clodagh  
Tel. +353 (0)86 2023981  
Facebook @ Swedishtherapies

The whole Spa experience may not be for you, but why not allow yourself time-out to switch off and unwind. Enjoy a relaxing massage or a deep tissue massage to help speed up injury recovery or release unwanted muscle tension. Through the human touch allow your mind and body to be rejuvenated.

## Ballyliffin TownHouse Relaxation Lounge

### Ballyliffin TownHouse Boutique Hotel

Tel. +353 (0)74 9378300  
info@ballyliffintownhouse.ie  
www.ballyliffintownhouse.ie

A haven of calm and relaxation. Escape and allow harmony and tranquillity to gently restore your body mind and soul when you take time out in our Relaxation Lounge. We use a variety aromatherapy marine and natural products with all of our packages.

## The Rock Crystal Spa

### The Rock Crystal Spa at Ballyliffin Lodge

Ballyliffin, Clonmany  
Tel. +353 (0)74 93 78200  
rockcrystalspa@hotmail.com  
www.ballyliffinlodge.com

The Rock Crystal Spa offers the ultimate in relaxation for your; Mind, Body & Soul. You can avail of a wide range of; Therapies, Organic Beauty and exclusive Body Treatments, such as Voya Facials, Dry Float bed, Organic Seaweed Bath and Hot Stone Massage. Our Spa is part of the Ballyliffin Lodge Leisure Club which boasts; Sauna, Steam Room, Hot Tub, 17 metre heated Swimming Pool and fully-equipped Gym. Surrender yourself to a world of peace & tranquillity with a visit to the Rock Crystal Spa at the 4\* Ballyliffin Lodge.



RELAXING IN BALLYLIFFIN LODGE & SPA

## STROLLING ON POLLAN BEACH





# Arts & Crafts

*Our clean air, unspoiled landscapes and rugged coastline, inspire us to create pieces of original beauty just for you. Experience them for yourself in all their inspirational beauty at one of craft studios or galleries.*



ROSE COTTAGE CRAFT SHOP

## Rose Cottage Craft Shop

Tel. +353 (0)74 9376745  
info@glenhouse.ie  
www.glenhouse.ie



Rose Cottage Craft Shop encapsulates the beauty and spirit of the Inishowen Peninsula. Based at the Glenevin Waterfall Park, Clonmany, the beautiful retail outlet is where you will find a large selection of local and Inishowen made crafts for sale, including pottery, knitwear, candles, art, soap and much more. This is not just a visit to a craft shop immerse yourself in the natural beauty of the Glenevin Waterfall with a gentle stroll along the winding path, let yourself be inspired by what gives our crafts people their own inspirations.

## Pollan Pebbles

Tel. +353 (0)86 3589941  
pollanpebbles@gmail.com / www.pollanpebbles.com  
Facebook @ pollanpebbles



A true piece of the Wild Atlantic Way, handcrafted pendant necklaces formed from beach pebbles gathered from the shores of Pollan Bay, Ballyliffin. The pebbles are carefully hand selected for their unusual, distinctive, unique shapes, colours and patterns which have been naturally formed by years of tumbling in the salt water of the Atlantic Ocean. The pebbles are polished to a glossy finish and some are embellished with Celtic Motifs they are then drilled and mounted on silver or leather necklaces. Each unique pendant encapsulates the energy of the ocean and the sea breeze the necklaces evoke the spirit and memories of a visit to the natural beauty of Inishowen.

# Artists & Photographers



*An Artist and photographers paradise, with wild untamed rugged coastlines, mountainous landscapes, some of the darkest night skies in the world and four seasons some times in the one day right on your doorstep. This is Ireland in miniature, every corner you turn a whole new landscape greets you.*

## Clare Toland

Tel. +353 (0)86 8941243  
tolandclare9@gmail.com  
Facebook @ Clare Toland Paintings

Inishowen Artist Clare Toland, has painted in various styles, from Impressionism to abstract, depicting imagery from Music and Literature. However, the unspoilt beauty of Inishowen's landscape and seascapes, is now the main inspiration for her work. She works mostly on commission for people with family ties and memories to Inishowen.

## Mary Crowley' Artist Studio and Gallery

Tel. +353 (0)74 9378278 / +353 (0)86 2664554  
art.marycrowley@yahoo.ie  
Facebook @ MaryCrowleyArtist

Mary Crowley finds inspiration for her original watercolours and limited edition prints from the landscape of Inishowen, with its ever changing colour's, rugged beauty and atmosphere. Visitors are welcome at her Artist Studio and Gallery where you will find her latest watercolours on the easel creations unique to Inishowen.

## Inishowen Photographers

Below are the details of all the Professional Photographers who have contributed Feature Images to this brochure. We would like to sincerely thank them for the privilege of using their images. All of these prints along with many more fabulous images can be purchased from their website.

Adam Rory Porter - [www.inishowenart.ie](http://www.inishowenart.ie)  
Brendan Whelan - [www.donegalclimbing.ie](http://www.donegalclimbing.ie)  
Gareth Wray - [www.garethwray.com](http://www.garethwray.com)  
Jay Doherty - [www.jaydohertyphotography.com](http://www.jaydohertyphotography.com)  
Mike Murphy  
Ronan Mc Laughlin - [www.ronanmclaughlin.com](http://www.ronanmclaughlin.com)

## Blue Room Art Gallery

Tel. +353 (0)74 9376107  
strandhotel@ballyliffin.com  
[www.ballyliffinstrandhotel.com](http://www.ballyliffinstrandhotel.com)

The Blue Room Art Gallery at The Strand Hotel hosts a large selection of Top Artists who draw inspiration from the Inishowen Peninsula and its surrounding hinterlands. Allow yourself time to ponder and enjoy these wonderful creations here with us in the one location.



# Adventure – land and water based activities



*Begin your journey of discovery in the adventure capital of Ireland and we will give you an experience that you will never forget. Right here in Ballyliffin and Clonmany you can step out of your comfort zone and challenge your inner-self. Adrenalin, Thrills or just Good Fun we have it all for you.*



TULLAGH BAY, CLONMANY

## Equestrian

### Tullagh Bay Equestrian Centre

Tullagh, Clonmany, Co Donegal  
Tel. + 353 (0)86 7204150  
[www.tullaghbayequestrian.ie](http://www.tullaghbayequestrian.ie)

Wild, Rugged, Enchanting and full of undiscovered beauty, allow yourself to be drawn by the constant rhythm of the ocean's roar as you trek across beautiful Tullagh beach or along quiet county roads. How better to enjoy the landscape of the Wild Atlantic Way than on horseback. This is the perfect way to unwind, relax and create an unforgettable memory. We are a fully A.I.R.E approved centre. Lots more on offer, Pony Camps, Riding lessons, English & Horse-riding Summer programs.

## Running

### Ballyliffin International Coastal Challenge

Tel. +353 (0)87 2226112  
[www.visitballyliffin.com](http://www.visitballyliffin.com)

Ballyliffin International Coastal Challenge takes place on Easter Saturday each year. This is a top class event attracting runners from all over the world. The course challenges all levels of fitness and ability. The event is unique in that the final 2 miles are on Pollan Beach. This is the Wild Atlantic Way at its most breath-taking, most invigorating and most exhilarating. Come along and experience this event for yourself and prepare to be overwhelmed by the scenery and the warm welcome waiting here for you.



*Experience the, waves, the quiet waters or the giant rock formations. Climb in places of outstanding natural beauty, here you will find yourself exhilarated and forever drawn back to the beating heart of Ireland's Wild Atlantic Way.*



## Surfing, Kayaking & Rock Climbing

### Inishowen Surf School Surfing

Tel. +353 (0)87 7773323  
[www.inishowensurfschool.com](http://www.inishowensurfschool.com)

### Wild Atlantic Adventure Centre

Surfing, Kayaking, Rock Climbing, Archery, Horse Riding and many more: Scouting Ireland Approved & Gaisce Centre  
Tel. +353 (0)86 0573002  
[www.wildatlanticwayadventures.ie](http://www.wildatlanticwayadventures.ie)

### Donegal Climbing

Rock Climbing & Hill Walking, Mountain Training, Abseiling, Mountain Leadership  
Tel. +353 (0)87 6657790  
[www.donegalclimbing.ie](http://www.donegalclimbing.ie)





# Ballyliffin Golf Club

## World Renowned Golfing Destination

### Ballyliffin Golf Club

Tel. + 353 (0)74 9376119

Twitter @ ballyliffin

Facebook @ ballyliffingolfclub

www.ballyliffingolfclub.com

Ballyliffin GC is Ireland's most northerly golf club and is home to two championship links courses- The Old Links and Glashedy Links. There are only 150 links courses in the world and Ireland has one third of them- Ballyliffin has two of the very best.

Ballyliffin is a member owned club and warmly welcomes visitors from all over the world each year.

Our clubhouse offers an excellent bar and catering service, is open to the public all year round and has stunning panoramic views of the links, Pollan Bay and Glashedy Island.

Both links at Ballyliffin have hosted European Tour events.

The Glashedy Links host of the 2018 Dubai Duty Free Irish Open, the 2002 North West of Ireland Open and the 1998 Ladies Irish Open.

The Old Links hosted the 2008 Irish Seniors Open and both links have staged national and International amateur tournaments.

Ballyliffin is now a world renowned golf destination, attracting thousands of overseas visitors each year and promoting the area on the international stage.



# Heritage and Culture

*Immerse yourself in our ancient heritage, our culture, and warm friendly people who always have a welcome for you. Here you will find the foundations of who we truly are.*

CARRICKABRAGHY CASTLE, ISLE OF DOAGH

## Carrickabraghy Castle

Perched on a rocky outcrop at the furthest most reaches of the stunning "Isle of Doagh", built c1540, on an older settlement site, the remaining square keep and round tower was part of a much larger castle complex. It has been the scene of Viking invasion and medieval Mediterranean

trading and, is mentioned in the Annals (iconic chronological histories compiled by monks in Ireland).

Carrickabraghy, known locally as "The Castles" was one of the last four remaining strongholds

of the O'Dochartaigh Clan on the Inishowen Peninsula. It was from here that Sir Cahir "Rua" O'Doherty planned his ill-fated revolt at the beginning of the 17th century which inevitably led to the full Plantation of Ulster.

## St. Columba's Church – The Old Church At Straid



This historical church lays claim to the Catholic, Protestant and Dissenters of the parish. The people of Clonmany hold the church in great affection. Clonmany or "Cluain Maine" which means "Meadow of the Monks", takes its name from an early church established by St. Maine, a follower of St. Patrick. The original monastic settlement was said to be built on an adjoining three-corned piece of land beside the Church.

The Established Church acquired the site in 1610 and the present structure was built there in 1772 with services conducted for over 300 years. The vaulted cemetery contains many hundreds of graves piled on top of each other, both Catholic and Protestant, side-by-side, with the earliest from medieval times. The earliest of the marked headstones appear to be from medieval times.

## Leenan Fort



Lough Swilly played a major strategic role in the British plans for the protection of Ireland from Napoleonic times up to 1938. Major advances in coastal defence weaponry brought about fortifications in Dunree Fort in the 1890s and the construction of Leenan Fort which hosted the largest guns of that era.

Post-Treaty, all but three British military outposts on Irish soil were handed over to the Irish Army –

Spike Island in Co. Cork plus Leenan and Dunree forts in Inishowen, Co. Donegal. Negotiations between Irish leader, Eamon De Valera and the British Government led to a handover to the Irish in 1938.

Leenan Fort remained functional until the mid-1960s when it was abandoned. Army personnel were transferred to Dunree Fort which remained operational until the 1980s.

## Glen House, Glen Field Camp

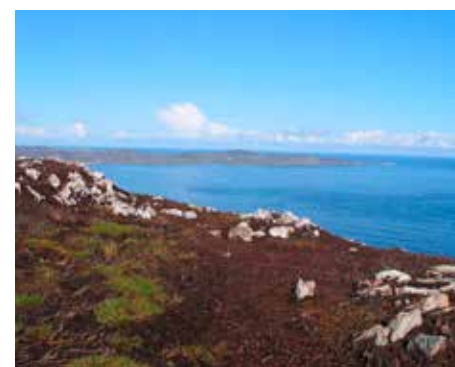


Originally part of the Dresden Demesne, a beautiful mansion on lush pastures across the road, the estate was purchased by the Clarke family, wealthy landowners from Co. Armagh. Walter Clarke bequeathed land to his daughter, Elizabeth, on her marriage to Dublin barrister John O'Donnell and they built the present Glen House, a five-bay, two-storey house with a segmented fanlight.

About 1770, an English man called Charlton became Landlord of Urris. His local agent Neal Sean Doherty, became a rich man himself and bought the estate in the early 19th century setting up as Landlord at Glen House. The O'Doherty Landlords are buried in the nearby graveyard at Straid Church.

During WW1, the Glen House was used as a British military training HQ named Glenfield Camp.

## Plane Crash Site, WW2



On the afternoon of Good Friday, 11 April 1941, during World War II, a Vickers Wellington bomber crashed into the Urris Hills after getting lost in thick fog. Six young Englishmen based at the airfield in Limavady perished after mistaking Lough Swilly for Lough Foyle.

The crash site (now marked with a cross and an emotive inscription) was located by two soliders from Leenan Fort. The bodies were taken to Leenankeel, Urris and laid out in a local forge. They were transferred to Dunree Fort prior to transport to England for burial.

## Genealogy Research and Heritage Tours



Many visitors to the area are keen to discover more about their Irish roots and the history of the area. Local company, Irish Ancestral Research Services, offers inspiring, tailor-made tours of Inishowen and a full family history research facility. Operated by a leading professional genealogist and social historian with over thirty years of experience,

providing valuable local knowledge and specialising in the location of ancestral homes. Their entertaining tours are not to be missed!

Email: [IrishAncestral@gmail.com](mailto:IrishAncestral@gmail.com)  
Tel. + 353 (0)86 3139258  
Website: [www.IrishAncestral.com](http://www.IrishAncestral.com)  
Facebook @clonmany.genealogy



# Atlantic Ocean Delights

With fertile soils, a rich marine environment, mild climate, and – yes – plenty of rain, we find ourselves lucky to have an abundance of local and fresh produce. The passion and pride of our chefs offer you only the finest dishes, we have rustled up a few choice morsels to whet your appetite on our seafood specialties.



KIERAN DUEY WORLD CHOWDER CHAMPION

## Nancy's Barn



**DISH** – Nancy's famous seafood platter pan fried garlic crab claws, squid, king prawn cocktail, world famous seafood chowder, prawns wrapped in filo, homemade slaw, buttermilk soda salt n pepper fries, tossed garden salad

Nancy's Barn is renowned worldwide for its excellent food, relaxed & comfortable surrounding & warm Irish hospitality all set within the barn. Our award winning chefs use the finest of local produce for your dining experience. Whether visiting on a day trip or an overnight stay a visit Nancy's is a must.

Tel. +353 (0)74 9376556  
nancysbarnballyliffin@gmail.com  
www.nancysbarn.ie

## World Chowder Champion's Journey

As a young lad living in rural Donegal, when we drove past Nancy's Barn then known as the Craft Shop I would say to my parents when I get bigger I am going to buy that old shed. In 2008 that dream came true, I bought the building and in 2010 opened it as a seasonal coffee shop. Business has flourished and we are now opened all year round serving fresh homemade baking, great coffee and delicious food.

Growing up living by the sea and sharing a passion for food with my grandmother she taught me many things about fresh baking and seafood. She would always say how chowder was a poor man's lunch. She was not to know then how the passion we shared for food would lead to her grandson to become the World Chowder Champion.

I tried hundreds of chowder recipes and tried many things to get it just right. I finally came up with a recipe that drove my customers wild. Nancy's Seafood Chowder with a Spanish Twist. The beauty of it all is that the chowder is **gluten free and filled with delicious quality ingredients.**

The Secret to any good dish is keep it simple, wholesome and tasty all the way.



## The Rusty Nail



**DISH** – Leenan Bay Crab & Lobster with Crocknagee Oyster, Shellfish Croquette & Pea Puree

Located at the foot of the Urris Hills on The Wild Atlantic Way you can experience the authenticity of the Rusty Nail Bar and Restaurant with its warm fire, relaxing atmosphere and freshly prepared award winning food. Clean Atlantic waters a mild climate and lush green fields have inspired our menu, there's something to satisfy every appetite.

Yeschef Winner of Best Gastropub & Best Restaurant in Ulster

Crossconnell, Clonmany  
Tel. +353 (0)74 9376116  
info@therustynail.ie

## The Linx Restaurant



**DISH** – Glashedy Cod with pesto baby prawns, mozzarella melt and garlic crab claws

The Linx restaurant with breath-taking views from every table over our magnificent courses and beyond to the Pollan Beach home of the glashedy island Hense the name of our signature dish. Eating dinner on a summers evening watching the sun go down over Malin Head Ireland's most Northerly Point is anything more idyllic.

Ballyliffin Golf Club  
Ballyliffin  
Tel. +353 (0)74 9378119  
thelinxrestaurant@gmail.com

## Ballyliffin TownHouse



**DISH** – Fresh Local Kippers cooked to order with a fantastic smoky flavour

Here at the Multi Award Winning Ballyliffin TownHouse Boutique Hotel we offer fresh homemade breakfast each morning from our AA Award winning Breakfast menu. Our family run Boutique Hotel offers comfortable and luxury surroundings where a warm Donegal welcome awaits each of our guests. Discover The Majestic Wild Atlantic Way or catch a round of Golf, we promise if you stay once you will return time after time.

Ballyliffin TownHouse Boutique Hotel  
Tel. + 353 (0) 74 9378300  
info@ballyliffintownhouse.ie

## The Strand Hotel



**DISH** – Pollan Bay Surf 'n Turf – Inishowen Sirloin Steak, Wild Atlantic King Prawns, Flat Cap Mushroom, Silverskin Onions & Garlic Butter Sauce

An authentic warm and friendly local welcome awaits you upon arrival at The Strand Hotel Ballyliffin. Our renowned Hotel is overlooking Pollan Bay and Ballyliffin Golf Club on The Wild Atlantic Way. We offer guests a casual dining experience with a varied selection of menus, wonderful service and unrivalled value for money.

Ballyliffin  
Tel. +353 (0)74 9376107  
strandhotel@ballyliffin.com

## Jacks Bar & Restaurant



**DISH** – Monk Fish Wrapped in Parma Ham, served with a Chorizo Cream Risotto

Jacks Bar & Restaurant, proudly boasts many accolades. Our Award winning chefs use only the finest local produce to create a dining experience like no other. We pride ourselves in delivering exceptional value for money accompanied with great food and quality service overlooking what is a spectacular backdrop of Pollan bay.

AA Rosette for Culinary Excellence, listed in the Michelin Guide.

Ballyliffin Lodge & Spa  
Tel. +353 (0)74 9378200  
info@ballyliffinlodge.com

## Ballyliffin Hotel



**DISH** – Panseared Donegal Salmon, braised fennel, giant cous cous, dry vermouth and shellfish broth

Ballyliffin Hotel is one of Donegal's best loved hotels. Renowned for its excellent food, relaxed and comfortable surroundings and warm & genuine hospitality, this family run 3 star hotel is a landmark in the charming coastal village of Ballyliffin on the beautiful Inishowen Peninsula.

Ballyliffin Hotel  
Tel. +353 (0)74 9376106  
info@ballyliffinhotel.com



# Weddings

TULLAGH POINT

## Your Perfect Day, In the Perfect Place

*It is little wonder that the little 'quaint' Village of Ballyliffin in Inishowen, Co. Donegal along the Wild Atlantic Way is so popular for Wedding Couples. Nestled at the foot of rolling Hills, this stunning Coastal area boasts stunning views of Pollan Bay, The North Atlantic Ocean and Malin Head (Ireland's most northerly Point). With a wealth of Venue Providers offering only the best in Accommodation and local-produce dining, it's easy to see why Ballyliffin is held in such high regard. With years of hospitality and specific*

*Wedding experience it's fair to say that it revered as the Wedding Hub of Inishowen. It offers Happy Couples the one-stop shop for all their Wedding needs; Stunning Vistas for those all-important treasured memories, wealth of Accommodation providers plus many years Wedding and Hospitality experience. So, if you are dreaming of that magical Donegal Wedding, look no further than Ballyliffin in wonderful Inishowen.*

POLLAN BEACH

### Ballyliffin TownHouse



#### Your Special Day, Your Own Way

Ballyliffin TownHouse Boutique Hotel is ideal for couples looking for that more intimate wedding with close family and friends. Our dedicated team work together with you to ensure that each wedding is personal and as special as it should be. We can cater for wedding parties from 25 to 80 guests. If you are a couple looking for a stylish and

serene wedding venue that you can call your own for the entirety of your wedding celebration then look no further than Ballyliffin TownHouse Boutique Hotel. Exclusivity and Professionalism is what we promise.

Tel. +353 (0)74 9378300  
info@ballyliffintownhouse.ie  
www.ballyliffintownhouse.ie

### Ballyliffin Hotel



#### First step to Happy Ever After

The McGonigle Family and the Ballyliffin Hotel are the perfect partnership, one which has gone from strength to strength over the last 35 years and one which will continue to grow. Your wedding day is not just a special day it's one of the most important days of your life. Our experienced wedding team

will assist you in every step of the way from selecting your wedding menu to arranging all your special requests we will make your wedding day the first day of your Happy Ever After.

Tel. +353 (0)74 9376106  
info@ballyliffinhotel.com  
www.ballyliffinhotel.com

### Ballyliffin Lodge & Spa



#### "You Dream It, We'll Do It!"

We are wedding specialists able to cater for the intimate Wedding of around 80 Guests or for the larger ones of up to 500 Guests. We also offer Top-class Civil Ceremonies in our delightful Sea-View Front Room and our new Glashedy Gardens. The Hotel is renowned for its attention to detail, impeccable service and

high-quality local-produce Cuisine. We offer the one-stop Shop for your Wedding Day. Our friendly and experienced Wedding Team would love to speak with you further regarding your Special Day so please do get in touch.

Tel. +353 (0)74 93 78200  
info@ballyliffinlodge.com  
www.ballyliffinlodge.com

### Strand Hotel, Ballyliffin



#### "All You Need Is Love"

The dedicated team here at Strand Hotel "Will Take Care of the Rest". We have built our reputation on organising fantastic banquets, especially Wedding Celebrations in our Atlantic View Banquet Suite. The Hotel is an ideal Wedding location as guests enjoy great service, great food and a stunning location. We

understand the importance of your wedding day and our management team have years of experience in creating life long memories of Your Perfect Day, In the Perfect Place.

Tel. +353 (0)74 93 76107  
strandhotel@ballyliffin.com  
www.ballyliffinstrandhotel.com

ISLE OF DOAGH





# Around Inishowen 100

1

*Drive the Famous Inishowen 100 Route and you will discover the hidden gems that lie within this magnificent location known as the Crown of Ireland.*

## Grianán of Aileach

This majestic circular stone fort commands its prominence on a hilltop, sitting 250m above sea level. Offering 360 degree breath taking views of rolling country side. Origins of the circular site are believed to date from around 1700BC. Steeped in legend it was home to the ancient Irish High Kings, and has important connections with ancient monasteries in Donegal.

The fort or cashel was restored in the 1870's and is the centrepiece of the site, 23m in internal diameter with walls measuring approximately 4m in thickness. It is thought that St Patrick visited the site in the 5th century and baptised the local chieftain, Eoghan from whom Inis Eoghan (Inishowen) gets its name. The fort has been chosen as one of the landmarks included on the new Irish passport.



2

## St. Patrick's High Cross & Pillar Stones

The St. Patrick's High Cross at Carndonagh is believed to be the oldest of its kind in Ireland and is likely to date from the 7th century. The interlace patterns on the top of the cross are similar to those on the Book of Durrow, dating from the same period. It has a carving of Christ on the east face. Standing beside the cross are two pillar stones. The one on the north shows David the Warrior and David the Harpist, while that on the south has, among other figures, a monk carrying a book, a crozier and a hand bell.



3

## Fort Dunree Military Museum

Fort Dunree, Dun Fhraigh in Irish means, Fort of the Heather. The fort is located on a rocky promontory, it was built as a defensive structure located above a steep cliff. Originally built as part of a series of fortifications defending Lough Swilly during the Napoleonic wars. Dunree is situated opposite Knockalla Fort on the other side of the Swilly and further up the Swilly than Leenan Fort. Dunree is surrounded with stunning natural beauty and hosts walking pathways with breath taking views, after which you can relax in the café. Dunree is host to many exhibitions, wildlife talks, and a military museum.



4

## Inch Wildfowl Reserve

Located in the shadow of Grianan Of Ailleach Fort you will find thousands of migratory birds including, swans, ducks, geese and other waders visit this wonderful place. During the summer months the reserve is alive with activity as a vast variety of birds make this their home rearing their young around the lake. The 8km looped pathways with seating around the reserve are suitable for outdoor recreational activity such as walking, running and cycling. There are excellent viewpoints of the Atlantic Ocean and a number of bird hides which are open to the public. Open all year round.



5

## Inishowen Maritime Museum & Planetarium

Inishowen Maritime Museum & New Planetarium is conveniently located in the old coastguard station, only 100 yards from the Lough Foyle ferry landing at Greencastle. Part of the WAW Route the museum has an extensive collection of artefacts, exhibitions and memorabilia of all things maritime. Theatre shows run daily as well as astronomy and prehistoric sea monsters shows, global climate and our kid's favourite the Enchanted Reef! Children's shows are suitable from 4yrs.



6

## IOSAS Centre & Celtic Prayer Garden

The Celtic Prayer Garden is a six-acre site laid out in the shape of the island of Ireland which depicts the lives of all the major saints of Ireland's Golden Age. You can tour the garden, enjoy its wonderful peace and natural beauty and learn more about our common Celtic Christian heritage. We also have a Café, gift shop and an organic vegetable farm.



# Donegal Day Trips



FANAD LIGHTHOUSE - IMAGE © DONEGAL TOURISM CLG

## Fanad Lighthouse

Eara Thire, Port An Tsalainn,  
Co. Donegal  
Tel. + 353 (0)83 8091199  
[www.fanadlighthouse.com](http://www.fanadlighthouse.com)

Standing between idyllic Lough Swilly and Mulroy Bay, Fanad Head Lighthouse has been voted one of the most beautiful lighthouses in the world. Its location within the Donegal Gaeltacht (an Irish speaking area), on the eastern shore of the Fanad Peninsula, is truly breath taking. No wonder it's a highlight of the Wild Atlantic Way!

Take a guided tour and learn more about the history of this working lighthouse and the area around it. Or, really indulge yourself and enjoy a stay far away from the bustle of modern life in one of the three lightkeeper's house's available for rent.

## Oakfield Park

Raphoe, Co. Donegal  
Tel. + 353 (0)74 9173068  
[www.oakfieldpark.com](http://www.oakfieldpark.com)

Oakfield Park is one of Donegal's best-loved attractions. Open every day of the summer, the award winning gardens and parklands, ponds, lakes, new hedge maze, heritage trees, sculptures and Buffers Garden Restaurant will enthral. Children can make a wish at Oakfield Park's Fairy tree, while navigating their way through adventures on extensive walks and trails. The crowning glory is a 4.5km narrow gauge railway with a diesel and steam train operating passenger trips daily. Regular events are held in the grounds including the Teddy Bear's Picnic, Steam Sunday, Oakfest, Train of Terror at Halloween and the famous Santa Express in December.



OAKFIELD PARK, RAPHOE



GLENVEAGH NATIONAL PARK - IMAGE © DONEGAL TOURISM CLG

## Glenveagh National Park

Church Hill, Co. Donegal  
Tel. + 353 (0)76 1002551  
[www.glenveaghnationalpark.ie](http://www.glenveaghnationalpark.ie)

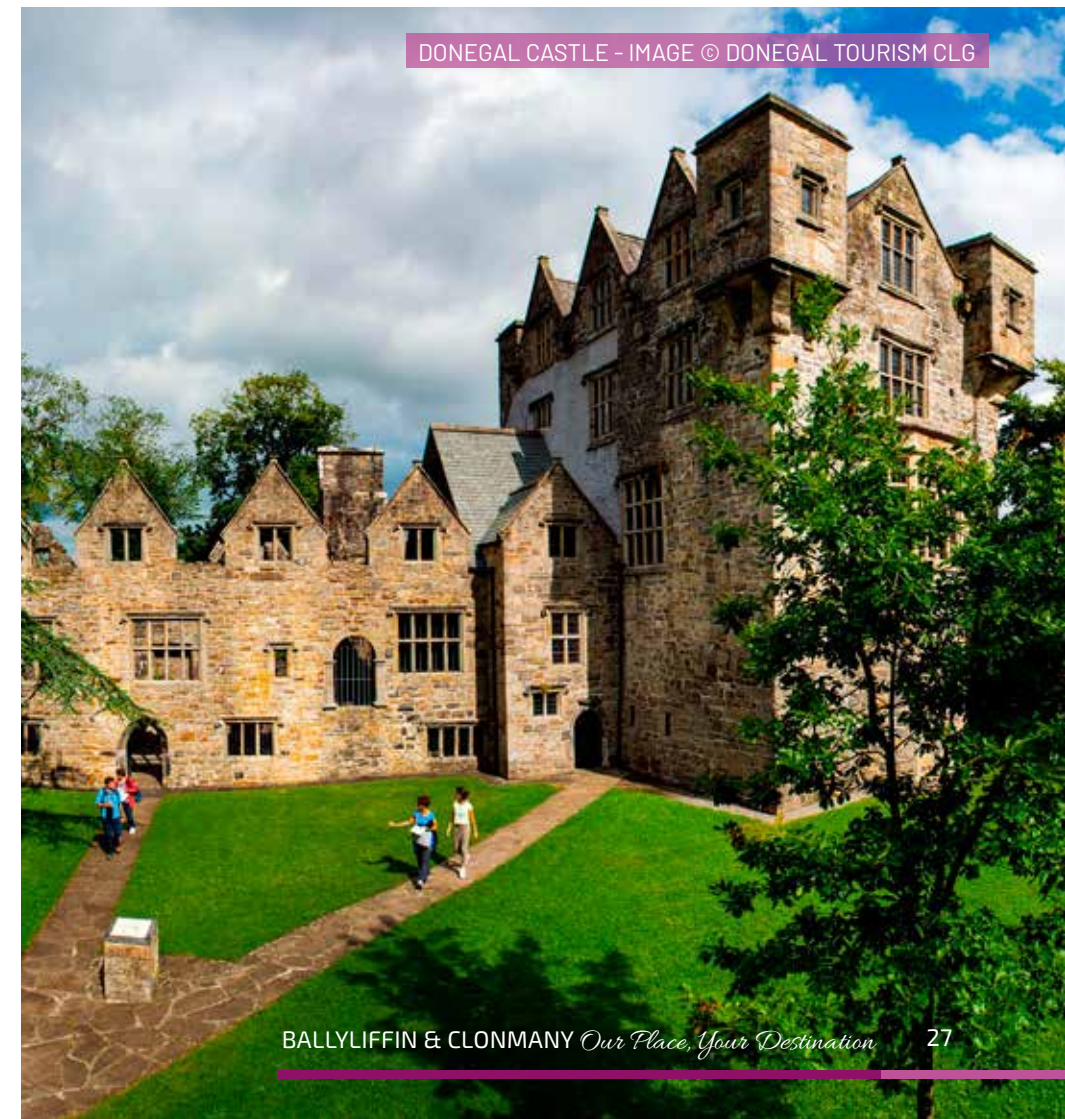
Glenveagh National Park and Castle built in 1869, is set amongst beautifully maintained gardens, and offers magnificent mountain views, raised bog-lands, and tremendous lakes and woodlands across the 16,000 acres of National Park. Tours of the castle, as well as guided tours of the Italianate Formal Gardens are available, or if preferred you can join a ranger-led walk along footpaths through the grounds. You may even be lucky enough to catch sight of soaring eagles or shy red deer.

## Donegal Castle

Donegal Town, Co. Donegal  
Tel. + 353 (0)74 9722405

Built by the O'Donnell Chieftain in the 15th century, beside the River Eske, the castle has extensive 17th century additions by Sir Basil Brooke. The castle is furnished throughout and includes Persian rugs and French Tapestries. Information panels chronicle the history of the castle owners from the O'Donnell chieftains to the Brooke family. The Castle retains all of its medieval grandeur to this day.

No trip to Ireland would be the same without a visit to one of our Historic and beautiful castles.



DONEGAL CASTLE - IMAGE © DONEGAL TOURISM CLG



# Getting Here



## Ferry Reservations

Dublin, Dun Laoghaire, Belfast and Larne are served by car ferry from Britain.  
Rosslare and Cork are served by car ferries from Britain and France.

### 1. Brittany Ferries

Route: France to Ireland  
Tel: +353 21 4277 801 (from Ireland)  
Web: [www.brittanyferries.ie](http://www.brittanyferries.ie)

### 2. Irish Ferries

Route: France to Ireland | UK to Ireland  
Tel: +353 818 300 400  
Web: [www.irishferries.com](http://www.irishferries.com)

### 3. P&O Ferries

Routes: UK to Ireland  
Tel: +44 800 130 0030 (UK)  
Web: [www.poferry.com](http://www.poferry.com)

### 4. Stena Line

Routes: France to Ireland | UK to Ireland  
Tel: +353 1 907 5555 (from Ireland)  
Tel: +44 844 770 7070 (UK & Europe)  
Tel: +33 233 43 22 387 (from France)  
Web: [www.stenaline.ie](http://www.stenaline.ie)

### 5. Steam Packet Company

Routes: Isle of Man to Ireland  
Tel: 661661 (Isle of Man)  
Tel: +44 8722 992 992 (from Ireland & UK)  
Web: [www.steam-packet.com](http://www.steam-packet.com)

## Ballyliffin Clonmany Taxi Numbers

### Bradley Travel

Tel. +353 (0)86 2776441  
[www.bradleystravel.com](http://www.bradleystravel.com)  
**Dan Toland**  
Tel. +353 (0)74 937 6990  
**Hughie Coady**  
Tel. +353 (0)87 9909887  
**Andy Nelson**  
Tel. +353 (0)86 0881330

## Local Buses

### Bradley Travel

Tel. +353 (0)86 2776441  
[www.bradleystravel.com](http://www.bradleystravel.com)  
**McLaughlin Coaches**  
Tel. +353 (0)86 3871771  
FB McLaughlin Coaches Clonmany

## National Buses

### John McGinley Coaches

Direct Service  
Tel. +353 (0)74 913 5201  
[www.johnmcginley.com](http://www.johnmcginley.com)

### Bus Eireann - Letterkenny/Derry

Tel. 1850 836 611  
[www.buseireann.ie](http://www.buseireann.ie)

### North West Busways

Local Link Buses  
+353 (0)74 938 2116  
[www.foylecoaches.com](http://www.foylecoaches.com)

### Translink NI Railways - Derry

**Translink Goldline Bus - Derry**  
+44 (0)28 9066 6630  
[www.translink.co.uk](http://www.translink.co.uk)

## Flight Routes

Dublin, Shannon, Knock, Belfast, Derry and Cork are the principal international airports.

Donegal Airport  
Tel. +353 (0)74 954 8284  
[www.donegalairport.ie](http://www.donegalairport.ie)

City of Derry Airport  
Tel. +44 (0)28 7181 0784  
[www.cityofderryairport.com](http://www.cityofderryairport.com)

Ireland West Airport Knock  
Tel. +353 (0)94 936 8100  
[www.irelandwestairport.com](http://www.irelandwestairport.com)

Dublin Airport  
[www.dublinairport.com](http://www.dublinairport.com)

Belfast Airport  
[www.belfastairport.com](http://www.belfastairport.com)

Belfast City Airport  
[www.belfastcityairport.com](http://www.belfastcityairport.com)

# EMBRACE THE WILD ATLANTIC WAY OF LIFE

MALIN HEAD, CO. DONEGAL.

Donegal, one of the coolest places on the planet according to the National Geographic Traveller Magazine, is a destination that revives spirits and allows you to enjoy a change of pace, take stock and reconnect with friends and family.

It's all about embracing the Wild Atlantic Way of life here - and there are countless ways to do just that.

Make memories to last a lifetime at Fanad Head Lighthouse, one of Donegal's proud beacons celebrating its 200th anniversary this year, and found on the peninsula of the same name.

Or take a hike through the majestic terrain of Glenveagh National Park, where herds of deer and peregrine falcons will keep you company.

Be enchanted by the spectacular sea cliffs, at Sliabh Liag, which standing at 600m makes them among the highest in Europe. The venerable Pilgrim's Path is the ideal place for walkers to get a sense of the scale of these cliffs. Or for those who want to appreciate them from a different perspective, a boat trip beneath the cliffs truly showcases their towering prowess.

This year, for five days in early July, droves of golf lovers will line the fairways at Ballyliffin Golf Club, eager to witness the world's best in action.

Set in the breathtaking surrounds of the Inishowen Peninsula, Ballyliffin is the home of the Dubai Duty Free Irish Open 2018 and is ranked amongst the very finest links

courses in the world, right here on the northernmost tip of the Wild Atlantic Way.

This is golf, Wild Atlantic Way style - one in which every swing and chip and putt takes place against a backdrop of rugged, windswept beauty.

You don't have to travel very far from Ballyliffin to get a sense of Donegal's greatness. Venture to Banba's Crown, Malin Head - the country's most northerly point, and one of the locations for the latest Star Wars film - and learn about its connection to a mythical queen.

Explore the Inishowen Peninsula and let Donegal inspire you.

**Don't forget to pick up your Wild Atlantic Way Passport and collect your Discovery Point Stamps along the route!**

[WildAtlanticWay.com](http://WildAtlanticWay.com)

EMBRACE THE  
WILD ATLANTIC WAY OF LIFE

Fáilte Ireland



# Star Wars Film Location

May the force be with you



MALIN HEAD

The most recent Star Wars movie, "The Last Jedi" where planet Ahch-To, features many scenes from beautiful Malin Head, Donegal. Mark Hamill the Luke Skywalker actor indeed has spoken many times about this wonderful place, he said "I don't know what it is but there's something very magical there. I would encourage everyone to go there".

In a pre-recorded message played before the screening, Hamill said: "I can't wait to come back to a country that made me feel like a member of the family. So may the force be with you all and pour a pint of Guinness for me, will you."

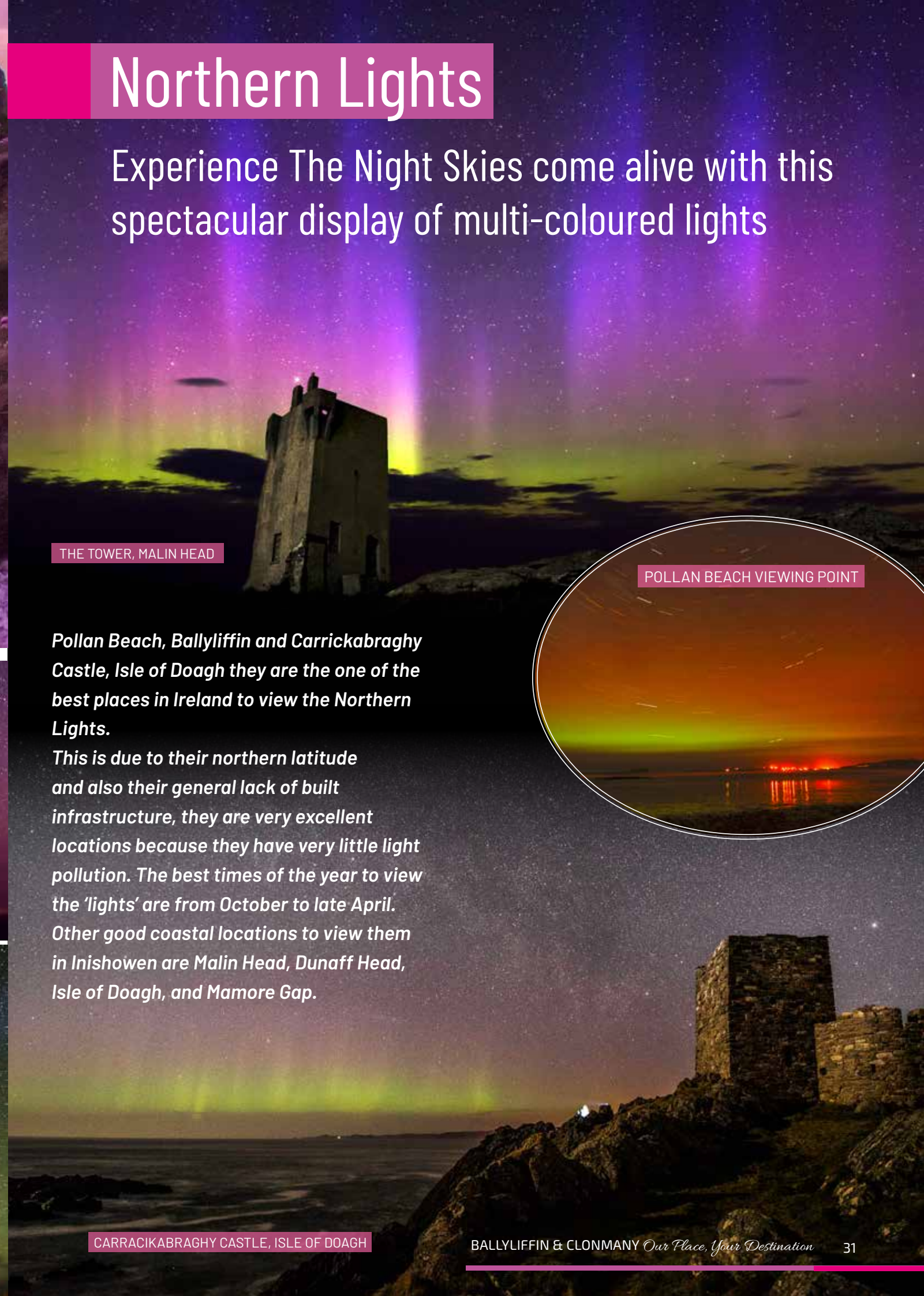
You can take a unique and insightful walking tour to the landing zone of the Millennium Falcon. Learn about the movie history, the local heritage and culture of this amazing location on Ireland's Wild Atlantic Way. If you are interested in this unique and remarkable location for your production contact the Donegal Film Office for amazing backdrops like no other.



MILLENNIUM FALCON LANDING SITE, MALIN HEAD

# Northern Lights

Experience The Night Skies come alive with this spectacular display of multi-coloured lights



THE TOWER, MALIN HEAD

POLLAN BEACH VIEWING POINT

*Pollan Beach, Ballyliffin and Carrickabraghy Castle, Isle of Doagh they are the one of the best places in Ireland to view the Northern Lights.*

*This is due to their northern latitude and also their general lack of built infrastructure, they are very excellent locations because they have very little light pollution. The best times of the year to view the 'lights' are from October to late April. Other good coastal locations to view them in Inishowen are Malin Head, Dunaff Head, Isle of Doagh, and Mamore Gap.*



CARRICKABRAGHY CASTLE, ISLE OF DOAGH





**Feature Images:**

- Adam Rory Porter, Page 4, 6, 31  
[www.inishowenart.ie](http://www.inishowenart.ie)
- Brendan Whelan, Page 7, 30  
[www.donegalclimbing.ie](http://www.donegalclimbing.ie)
- Caroline Grant, Page 13
- Gareth Wray, Page 1, 24, 32  
[www.garethwray.com](http://www.garethwray.com)
- Jay Doherty, Page 22, 23  
[www.jaydohertyphotography.com](http://www.jaydohertyphotography.com)
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- Ronan Mc Laughlin, Page 18  
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Pollan Beach on the Edge of Ballyliffin Golf Course overlooking Glashedy Island by Gareth Wray

**Back Cover Image:**

Glashedy Island, Ballyliffin by Gareth Wray

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